



THREE RIVERS BEHAVIORAL HEALTH

Three Rivers Behavioral Health is dedicated to being a trusted psychiatric facility that provides Inpatient Mental Health Treatment for Older Adults, Adult Residential Treatment, and Adult Intensive Outpatient Programs. These services are designed to provide trauma-informed, short-term care and treatment to individuals with psychiatric diagnoses. We aspire to be recognized as a leading psychiatric health company, differentiated by discovery, innovation, and compassionate patient and family-centered care.

Our Dedicated Team Is Here to Help

Our clinical team is available around the clock, 24 hours a day, 7 days a week, to help you with the admission process at your facility.

Once a referral phone call is made, our clinical team will provide:

- Immediate assessment
- Paperwork/documentation
- Copying or faxing
- Phone calls to family and/or power of attorney
- Transportation arrangements
- Post-discharge follow-up

The goal of each staff is to streamline the process from admission to discharge.

FOR MORE INFORMATION
24/7 Intake Assessment Hotline
1-888-391-2655

OTHER USEFUL INFORMATION

MAIN (TOLL FREE): 1-888 391-0229
MAIN (LOCAL): 412 706-9201
FAX: 412 706-9202
WWW.TRBHCARES.COM
4043 Irene St
West Mifflin, PA 15122



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**WE ARE YOUR TRUSTED
ADULT BEHAVIORAL
HEALTH SERVICE**



Who We Are

Three Rivers Behavioral Health Inpatient Hospitalization is designed for adults ages 55 and older who are experiencing acute psychiatric symptoms. The dedicated caring staff delivers trauma-informed patient and family-centered psychiatric care 24/7. Our psychiatric inpatient unit specializes in older adult treatment that focuses on psychological and physical health needs.

Focusing on the Mental Health Needs of Seniors

We offer specialized care for individuals with primary diagnoses that include:

Anxiety
Depression
Psychosis
Schizophrenia
Traumatic Stress
Behavior Disturbances

Unlike most traditional psychiatric mental health inpatient units, we specialize in providing treatment for individuals with a primary psychiatric diagnosis and a secondary diagnosis of Alzheimer's, dementia, traumatic brain injury, stroke, or other neuropsychiatric disorders.



IOP is provided for adults ages 18 and older to bridge the gap between acute care and traditional outpatient therapy. The goals of our IOP are centered on evidence-based group therapy, mindfulness, psychoeducation, holistic interventions, and coping strategy stabilization.

Three Rivers Residential delivers 24/7 residential mental health treatment for adults ages 18 and older. The trauma-informed residential program provides short-term mental health treatment to individuals with psychiatric diagnoses that do not require inpatient hospitalization and are not yet ready for partial hospitalization. The emphasis of programming is centered on evidence-based group and individual therapy, family/significant other therapeutic involvement, psychoeducation, holistic interventions, and socialization integration, with the goal of healing the body and nervous system to improve emotional and psychological well-being.

Expert Multidisciplinary Team

Our multidisciplinary treatment team works closely with individuals and their significant others to personalize treatment goals. Our team consists of:

Board-Certified Psychiatrists
Psychologists
Internal Medicine Physicians
Nurse Practitioners
Registered Nurses
Registered Dietitians
Master's Level and Licensed Social Workers
Master's Level and Licensed Mental Health Therapists
Certified Therapeutic Recreation Specialists
Physical Therapists
Occupational Therapists
Speech Therapists



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www.trbhcares.com